

DISCOVERY ROUND-UP

Discovery Elementary

2100 E. Leighfield Dr.

855-4090

Mike Dudley, Principal

January, 2008

Dates to Remember

- Feb 1 PTO Popcorn Sale at lunch!
25¢ a bag!
Feb 2 Ground Hog Day
Feb 5 PTO Meeting @ 4:00
Feb 8 5th Grade Ski Night - Bus
leaves at 4pm
Feb 8 Yearbook Orders Due!!!
Feb 8 T-Shirt Orders Due!!!
Feb 14 Valentine Day
Parties last hour of class
Feb 15 **NO SCHOOL!!**
Teacher In-Service
Feb 18 **NO SCHOOL!!**
President's Day
Feb 28 Newsletter goes home
Feb 5 - Mar 11 Jump Rope Club
*Optional Activity for 2nd -5th
graders meet from 3:40 p.m. -4:30 p.m.



A Look Ahead...

- Mar 7 PTO Sock Hop
Mar 21 **EARLY RELEASE**
Mar 24-28 **SPRING BREAK**
Apr 23 Kindergarten Registration

Parents:



Remember
to dress
your chil-
dren for
the cold
and snowy weather.

Recess is outside!

Principal Tribute

I want to thank each of our parents for their excellent dedication and commitment to the success of our students at Discovery Elementary. Each of you have ensured that your support has enabled our staff to hold our students to the highest standards and expectations. Each of you have diligently encouraged your children to work hard and come to believe that their learning involves effort, risk, and personal triumph! Thank you for all you do.

Smiling at you,

Mike Dudley ☺

SHOW YOUR SCHOOL SPIRIT!

Show your school spirit by participating in Mustang Day every Friday!

Wear a Discovery T-Shirt, available for purchase in the office or wear school colors, red, white and blue. We have short sleeve and long sleeve t-shirts, grey hoodies and baseball hats!

Parents, students and teachers: Order forms are available in the office and with this newsletter. They are due into the office no later than February 8th!!!

STUDENT SUPPORT GROUPS

Student groups have been rescheduled to begin in January. If you have questions, please contact Lynn Chapman, the School Counselor at 855-4090.

HOMEMADE QUILT RAFFLED FOR A GOOD CAUSE

Discovery Elementary is participating in a fundraiser to benefit the Idaho Education Association's Children's Fund. The money collected goes toward helping local children in need. Currently on display is a quilt made by 2nd grade teacher, Mrs. Caba. Raffle tickets are being sold for \$1.00 each or 6 tickets for \$5.00. Tickets can be purchased from any classroom teacher. If you have any questions, please feel free to contact Mrs. Jensen at 855-4090. Thank you for your support. The winner of the quilt will be announced before Spring break. Good Luck!

News from our Discovery PTO

SOCK HOP COMMITTEE

Various committees are now being formed for the upcoming Sock Hop which is on March 7th.

Volunteers can serve on various committees including decorations, contests, ice cream stations, set-up and clean-up. Anyone who would like to help make this a super successful event should call Colette at 288-3266. Indicate which committee you would be interested in participating because our time does make a difference for the students at Discovery Elementary!



DISCOUNTED BOOKS

Discovery and MegaMedia BookWise are teaming up to raise money and offer books, CDs, DVDs and college textbooks at great prices--up to 42% off retail prices. Video games will be added next month.

Sign up at www.MyBookWise.com/MegaMedia for your FREE Preferred Customer membership. Include “/Disc” after your last name. (If your last name is Jones, enter “Jones/Disc”.) Discovery will get money from each purchase made.

Make a purchase in January and you will get 3 FREE books--download a free e-book and audio book of the American classic “The Adventures of Huckleberry Finn” by Mark Twain or the Classis Iliad.

Share this site with your family, friends, and co-workers (have them include “/Disc”) so they can also benefit from great prices and free books and Discovery students can benefit from their purchases all year long.

Counselor’s Corner:

Second Graders will begin lessons in Conflict Resolution next week. Students will learn about the importance of developing empathy for others, ways to handle anger and other difficult feelings, problem-solving, and bullying. Please look for the handouts your children bring home and take the opportunity to discuss with them what they’re learning. Lessons will be taught by the School Counselor or the School Counseling Intern. If you have any questions please contact Lynn Chapman at 855-4090.

2007-2008 DISCOVERY YEARBOOK

Look for your YEARBOOK order forms to be sent home with your student within the next week! Yearbook order forms will be due by Friday, February 8th. The yearbook will be a colorful 64-page book that you won’t want to miss! The price is \$15 if you order now- \$20 after they arrive. **ORDERING NOW IS THE ONLY WAY THAT YOU CAN GUARANTEE THAT YOU GET ONE!** School memories are precious--please be on the lookout for the order forms and return them to your teacher! See YOU in the yearbook!

Lisa Johnson/Yearbook Coord.

If your pile of Box Tops is growing;

**Box Tops For
Education**

Send them to school with your little darlings!

**Parent volunteer
needed twice a month
on Monday afternoons
to make copies for
teachers.
If interested call
Coleen 884-0156**

VOLUNTEERS YOUR SCHOOL IS CALLING!



Volunteer positions are open for the following positions:

Copy Parent / Office: Parents are needed every Wednesday to collate and organize packets for each family. If you can help for one Wednesday or more a month, please contact Colette @ 288-3266.

Library: Parent helpers are greatly appreciated in the library to help Mrs. Campbell with various library jobs, especially assisting the younger students as they search for a book. Please contact Mrs. Campbell for more information.

Notes from the Nurse...

Discovery Elementary will be participating in a fundraiser for the Leukemia and Lymphoma Society beginning February 4th. The fundraiser will last three weeks. The top fundraising classroom will win a Dominos pizza party. Please allow your students to collect spare change and bring it to their classrooms to help kids with cancer.

SCHOOL AGE CHILDREN PLAYING OUTDOORS IN INCLEMENT WEATHER

Written By: Fred Fender, MD

It is my considered opinion that the benefits of allowing children to play outdoors during inclement weather far outweigh the disadvantages. Upper respiratory infections are caused by viruses and bacteria incurred when people in close surroundings share these organisms via conversation, touching and in general being close to one another. There is not medical evidence that being out in the cold predisposes one to such infections.

The advantages I see are the value of fresh air and exercise which allow children to burn off some of their pent up energy from being in a classroom thereby making them ore attentive and teachable afterwards. Also, the stimulation of appetite from such activity is worthwhile and if any sun shine occurs, the known good effects regarding its value in Vitamin D metabolism would be helpful. Children do need to come to school dressed appropriately for the weather.

I would think that to require children who wish to be outdoors in inclement weather to remain indoors is ill advised. If they are too sick to be outside, they are likely too sick to be at school.

* With flu season upon us, parents often have question as to whether they should keep their children home. Below is a list of the most common reasons a child should be excluded from school:

Fever of greater than 100 degrees: They are and are contagious trying to fight something off. It is good to keep them home until they have been fever free for 24 hours.



Vomiting and/or diarrhea:

If they have had it within the last 24 hours, it is good to keep them home for 24 hours or until they can keep food and liquids down.

Sore throats w/ fever greater than 100°:

If a diagnosis of strep throat is given, then your child needs to be home for at least 24 hours on antibiotics before they can return to school.

Excessive coughing that produces thick mucus:

This is also another good reason to keep them home. The coughing is not only distracting for them, but also disturbs classmates.

As with anything there are obviously exceptions to every rule, but this should help you when you have questions regarding sending your child to school. Also, feel free to contact your school's nurse and discuss your child's symptoms with her. Thanks for helping us make school a healthier place for everyone.

* We have had several reported cases for FIFTH DISEASE at Discovery Elementary. Fifth Disease is a type of viral illness caused by the Human Parvovirus B19. It is most common in children. This condition is not caused by the same parvovirus that can affect dogs or cats. Symptoms can include: Mild fever, sore throat, coughing and sneezing, upset stomach, headache and a characteristic rash. The rash first appears on the face as slapped cheek appearance. Then a lacy-like itchy rash spreads down the arms, legs and chest. The rash gradually fades over a period of 3-6 weeks, but will appear more obvious if the person becomes hot or the skin is warmed. When the rash disappears, the person is no longer contagious. Adults with Fifth Disease may also complain of joint stiffness. In order to prevent the spread of Fifth Disease, you should cover your nose and mouth when coughing, wash hands frequently, and avoid sharing eating or drinking utensils. Pregnant women exposed to Fifth Disease are at greater risk. Call your health care provider if you are pregnant woman who has been exposed to Fifth Disease.

Welcome!

Dear Parents and/or Guardians,

I would like to introduce myself to the parents of the students of Discovery Elementary. I am Connie Buckley, and during the next semester, I will be completing my counseling internship with Lynn Chapman. I am excited to have the opportunity to work with Ms. Chapman and all the staff at Discovery Elementary. I have felt welcomed from my first day here. I will be assisting Ms. Chapman with classroom presentations, groups, and one-on-one sessions. I will be at Discovery on Mondays and Tuesdays. If you need to contact me, please feel free to do so on those two days. I look forward to the contact I will have with the students here at Discovery!