



Meridian Food & Nutrition Services

Breakfast Menu K-5

Monday

Oatmeal w/toast
Cold Cereal w/toast
Pup on Stick
Fresh Fruit or Juice
Choice of Milk

Tuesday

Oatmeal w/toast
Cold Cereal w/toast
Breakfast Burrito
Fresh Fruit or Juice
Choice of Milk

Wednesday

Oatmeal w/toast
Cold Cereal w/toast
French Toast Sticks
Sausage Patty or Juice
Choice of Milk

Thursday

Oatmeal w/toast
Cold Cereal w/toast
Breakfast Pizza
Granola bar or Juice
Choice of Milk

Friday

Oatmeal w/toast
Cold Cereal w/toast
Egg Cheese Muffin
Yogurt or Juice
Choice of Milk



Breakfast Menu for 6-8

Monday

Oatmeal w/toast
Cold Cereal w/toast
Pup on Stick
Fresh Fruit and Juice
Choice of Milk

Tuesday

Oatmeal w/toast
Cold Cereal w/toast
Breakfast Burrito
Fresh Fruit and Juice
Choice of Milk

Wednesday

Oatmeal w/toast
Cold Cereal w/toast
French Toast Sticks
Sausage Patty and Juice
Choice of Milk

Thursday

Oatmeal w/toast
Cold Cereal w/toast
Breakfast Pizza
Granola bar and Juice
Choice of Milk

Friday

Oatmeal w/toast
Cold Cereal w/toast
Egg Cheese Muffin
Yogurt and Juice
Choice of Milk

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