



Meridian Food & Nutrition Services

November 2009

Elementary Lunch Menu Traditional Schools

Monday

-2-
 Cheeseburger
 Teriyaki Chicken Bowl
 Pears
 Green Beans
 Garden Salad
 Choice of Milk

-9-
 Cheese Pizza
 Munchable
 Garden Salad
 Corn
 Pears
 Choice of Milk

-16-
 French Toast Sticks
 Pepperoni Pocket
 Baked Tater Tots
 Veggie Sticks
 Baked Apple Slices
 Choice of Milk

-23-
 Chicken Nuggets
 Ravioli
 Fresh Kiwi
 Carrots
 Italian Bread Stick
 Choice of Milk

-30-
 Cheeseburger
 Teriyaki Chicken Bowl
 Pears
 Green Beans
 Garden Salad
 Choice of Milk

Tuesday

-3-
 Taco Salad
 Ham & Cheese Wrap
 Mixed Fruit
 Fresh Veggie Medley
 Chocolate Chip Cookie
 Choice of Milk

-10-
 Soft Shell Taco
 BBQ Chicken Legs
 Rice Pilaf
 Green Beans
 Oranges & Apples
 Choice of Milk

-17-
 Galaxy Pizza
 Orange Chicken w/Rice
 Garden Salad
 Mixed Fruit
 Chocolate Pudding
 Choice of Milk

-24-
 Burrito
 Baked Potato w/cheese
 Broccoli
 Veggie Sticks
 Tropical Fruit
 Choice of Milk

Wednesday

-4-
 Pepperoni Pizza
 Macaroni & Cheese
 Garden Salad
 Fresh Fruit Cup
 Yogurt
 Choice of Milk

-11-
 Corn Dog
 Chef Salad
 Potato Wedges
 Veggie Sticks
 Mandarin Oranges
 Choice of Milk

-18-
 Hot Dog
 Southwest Chicken Salad
 String Cheese
 Peas
 Fresh Peaches
 Choice of Milk

-25-
 Grilled Chicken Sandwich
 Spaghetti w/Garlic Bread
 Garden Salad
 Green Beans
 Orange Wedges
 Choice of Milk

Thursday

-5-
Parent Teacher Conferences



-12-
 Chicken Alfredo w/Bread
 Yogurt Fruit Plate
 Garden Salad
 Veggie Medley
 Peaches
 Choice of Milk

-19-
 Roast Turkey
 Potatoes & Gravy
 Peas
 Dinner Roll
 Pumpkin Spice Bar
 Choice of Milk

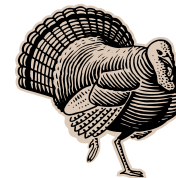
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Friday

-6-
 13
 Chicken Nuggets
 Baked Potato w/cheese
 Fresh Kiwi
 Broccoli
 Cinnamon Bread Sticks
 Choice of Milk

-20-
 Hamburger
 Baked Cheese Sandwich
 Baked French Fries
 Fresh Veggie Medley
 Cinnamon Applesauce
 Choice of Milk

-27-



Happy Thanksgiving!

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